

Changing spirits

Author Grace Cirocco launches feel-good book

Author and speaker Grace Cirocco has realized that there are countless individuals out there who want to change their lives for the better; people who are thirsting for more meaning, more passion in their life, and a greater connection to God.

After years of giving personal and corporate seminars, Cirocco has come up with a strategy that will help all these individuals achieve what they have longed for. *Take the Step: the Bridge will be There* is based on the author's phenomenally successful seminar program.

Cirocco is also a training consultant and philosopher specializing in personal effectiveness, emotional wellness and spiritual renewal. Through her company, Cirocco & Associates, she designs and delivers workshops, seminars and keynote presentations for national conferences, governments and corporations.

In Part One of the plan, entitled "Take the Step," Cirocco teaches how to take action by crystallizing the authentic vision

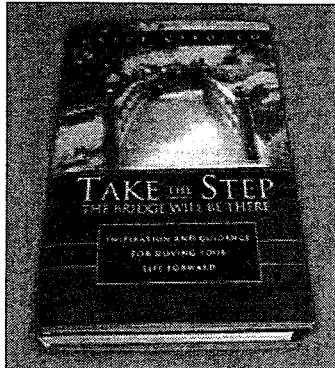


Author Grace Cirocco

we have of our lives; in other words, the goals and dreams that await us on the other side of the bridge. In Part Two, entitled "The Bridge will be There," Cirocco shows readers how to nurture faith in ourselves and remove personal obstacles as we accomplish our life's work.

Filled with personal stories, anecdotes and practical exercises, Cirocco gives readers an opportunity to assess their strengths and weaknesses, and diagnose why they haven't taken

**Take the Step:
The Bridge will be There
Harper Collins**



the step. The result is a self-help book that will forever banish the "undones," the "should-haves," and the "if only's," an inspiring and passionate guide to greater self-awareness, purposeful living, and a fulfilling spiritual journey.

As fear escalates in the aftermath of September 11th, Grace Cirocco's message becomes more relevant than ever. Her message is simply that the Self is Holy and each of us a God fragment. ♦