

*A dynamic life plan: Crossing that mental bridge to success,
happiness and spiritual wholeness*

Grace Cirocco

Take the Step: The Bridge Will Be There Inspiration and Guidance for Moving Your Life Forward

In times of fear and uncertainty, how do we find meaning in our lives?

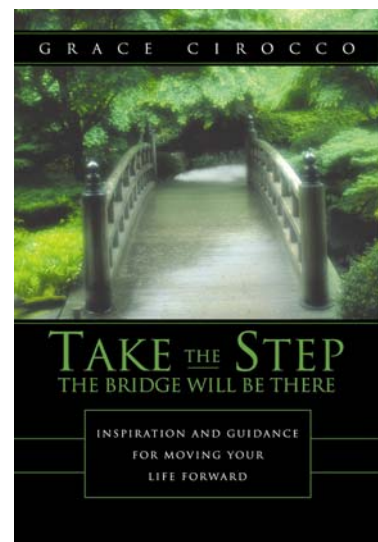
Take the Step: The Bridge Will Be There Inspiration and Guidance for Moving Your Life Forward by Grace Cirocco

Based on the author's phenomenally successful seminar program

There is a tidal wave of *want* out there. Most people want to change their lives for the better, thirsting for more meaning, more heart-to-heart communication, more satisfaction in their work, more passion in their life, and a greater connection to God. They just don't know how to translate *want* into doing, or as Grace Cirocco says, *faith* into *action*. ***Take the Step: The Bridge Will Be There*** shows exactly how to do that.

Her strategy, tested and proven from years of personal and corporate seminars, offers an inspirational and practical **two-part plan**. Part one, "Take the Step" teaches us how to take *action* by crystallizing the authentic vision we have of our lives; in other words, the goals and dreams that await us on the other side of the bridge. Part two, "The Bridge will be There" shows us how to nurture faith in ourselves and remove personal obstacles as we accomplish our life's work.

Filled with personal stories, anecdotes and practical exercises, **Grace Cirocco** gives readers an opportunity to assess their strengths and weaknesses, and diagnose why they haven't taken the step. The result is a self-help book that will forever banish the "undones," the "should-haves," and the "if only's," an inspiring and passionate guide to greater self-awareness, purposeful living, and a fulfilling spiritual journey.



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As fear escalates in the aftermath of September 11th, Grace Cirocco's message becomes more relevant than ever. Her message is simply that the Self is Holy and each of us a God fragment. If we believe in our own magnificence, our reverence for life will instruct our work, our relationships and our personal aspirations. Our lives *will be* meaningful.

PRAISE FOR GRACE CIROCCO

"Grace Cirocco is **BEYOND EXCELLENCE**...She awakened something in me that had fallen asleep...she is a gift." – Ontario Hydro

"Never has a training consultant made such an impact in the lives of my staff...we all **feel richer** just to have known [her]" – US Postal Service

"One cannot help but be swept up in Grace Cirocco's optimism and profound sense of hope...her book nurtures faith and **makes realizing one's destiny seem infinitely possible**." – Realm Magazine



Grace Cirocco

GRACE CIROCCO is an impassioned speaker, training consultant, and philosopher specializing in personal effectiveness, emotional wellness and spiritual renewal. Through her company, Cirocco & Associates, she designs and delivers workshops, seminars and keynote presentations for national conferences, governments and corporations. She is a former broadcast journalist with CBC Radio, holds a BA in Philosophy from Queen's University and has done graduate studies in Ethics at the University of Western Ontario. She lives in Mississauga, Ontario.

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