

# Book Reviews

by **Ron Johnson**

TITLE: Take The Step  
SUBTITLE: The Bridge Will Be There  
AUTHOR: Grace Cirocco  
ISBN: 0-00-200071-7  
PUBLISHER: HarperCollins Canada  
DETAILS: 389 pages, \$30.00



Anyone needing a gentle kick start to get their life moving forward need only reach to Grace Cirocco's book *Take the Step the Bridge will be There*.

Southern Ontario resident Cirocco is an international motivational speaker, training consultant and personal coach. And she packs her years of experience into this tome. *Take the Step* is best described as a guidebook not only to taking the next step in your life, but to getting re-acquainted with yourself, and coming to know what you truly want that next step to be.

The book is well organized. The first part lays the groundwork for your big move. Here, Cirocco endeavours to have the reader flush out what they really want, what they have been postponing, and what they have been waiting for. For Cirocco, figuring out who we are will put us on the path to action. The second part of the book is action oriented and endeavours to guide the reader to a place of faith in their selves.

The book is written in a lively style, and is filled with personal experiences and anecdotes that connect the author to the reader, as well there are exercises after each chapter to cement the teachings.

At times, I found the writing a little thickly cliched and over the top, but I suppose that is the essence of motivation. It needs to appear obvious and completely natural, and Cirocco rises to this particular occasion.